



# MENTAL HEALTH & WELL-BEING RESOURCES

## GENERAL HUMAN RESOURCES (HR)

### *Allied Universal*

**Contact:** Elizabeth Webber.....

**E-mail:** [elizabeth.webber@aus.com](mailto:elizabeth.webber@aus.com)..... **Phone Number:** (916) 937-5545.....

**Contact:** Noemi Valadez.....

**E-mail:** [Naomi.valadez@aus.com](mailto:Naomi.valadez@aus.com)..... **Phone Number:** (916) 448-0400.....

### *Blackstone Consulting, Inc*

**West Coast Contact:** Candice Goellner.....

**E-mail:** [Candice.goellner@blackstone-consulting.com](mailto:Candice.goellner@blackstone-consulting.com)..... **Phone Number:** (747) 239-0564.....

**East Coast Contact:** Lauren Graves.....

**E-mail:** [Lauren.graves@blackstone-consulting.com](mailto:Lauren.graves@blackstone-consulting.com)..... **Phone Number:** (240) 610-8292.....

## HEALTH & MENTAL HEALTH BENEFITS (HR, BENEFITS, EMPLOYEE RELATIONS)

### *Allied Universal*

**Contact:** Benefits Department.....

**E-mail:** [Benefits@AUS.com](mailto:Benefits@AUS.com)..... **Phone Number:** (888) 670-7106.....

### *Blackstone Consulting, Inc*

**West Coast Contact:** Kisha Sullivan.....

**E-mail:** [Kisha@blackstone-consulting.com](mailto:Kisha@blackstone-consulting.com)..... **Phone Number:** (310) 433-2251.....

## LEAVE OPTIONS (HR, BENEFITS, EMPLOYEE RELATIONS)

### FAMILY MEDICAL LEAVE

*Allied Universal*

**Contact:** LeavePro.....

**E-mail/Website:** <https://cta.myleaveproservice.com>.....**Phone Number:** (866) 302-2378.....

*Blackstone Consulting, Inc*

**West Coast Contact:** Kisha Sullivan.....

**E-mail:** [kaiserLOA@blackstone-consulting.com](mailto:kaiserLOA@blackstone-consulting.com).....**Phone Number:** (310) 433-2251.....

### SHORT TERM DISABILITY

*Allied Universal*

**Contact:** LeavePro.....

**E-mail/Website:** <https://cta.myleaveproservice.com>.....**Phone Number:** (866) 302-2378.....

*Blackstone Consulting, Inc*

**West Coast Contact:** Kisha Sullivan.....

**E-mail:** [kaiserLOA@blackstone-consulting.com](mailto:kaiserLOA@blackstone-consulting.com).....**Phone Number:** (310) 433-2251.....

### LONG TERM DISABILITY

*Allied Universal*

**Contact:** LeavePro.....

**E-mail/Website:** <https://cta.myleaveproservice.com>.....**Phone Number:** (866) 302-2378.....

*Blackstone Consulting, Inc*

**West Coast Contact:** Kisha Sullivan.....

**E-mail:** [kaiserLOA@blackstone-consulting.com](mailto:kaiserLOA@blackstone-consulting.com).....**Phone Number:** (310) 433-2251.....

## EMPLOYEE ASSISTANCE PROGRAM(S) (EAP) (HR, BENEFITS, EMPLOYEE RELATIONS)

*Allied Universal*

**Contact:** Cigna.....

**Website:** [www.signalap.com](http://www.signalap.com).....**Phone Number:** (800) 258-3312 ...#5....

*Blackstone Consulting, Inc*

**West Coast Contact:** EAPCounselor.....

**Website:** [ibhworklife.com](http://ibhworklife.com).....

**User ID:** Matters.....**Password:** wim70101.....

**E-mail:** [eapcounselor@ubhcorp.com](mailto:eapcounselor@ubhcorp.com).....**Phone Number:** (800) 386-7055.....